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FOOD
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LIGHTER DISHES

Fresh Soup Of The Day Today's home made soup served with a crusty bread roll.	£3.75	Chicken & Bacon Roll Chicken breast, crispy bacon, tomato, leaves & mayonnaise served in a fennel & onion roll. Add fries for only £1.00	£5.95
Spicy Beef Quessadilla Spiced strips of steak with jalapenos, salsa & mature cheddar. Add fries for only £1.00	£4.95	Brie, Rocket & Cranberry Bruschetta Bloomer bread toasted with melted brie & rocket drizzled with an olive oil & cranberry dressing. Add fries for only £1.00	£5.25
Chicken Satay Skewered marinated chicken breast on a bed of leaves served with a home-made satay dipping sauce.	£4.95	Warm Goat's Cheese Salad Warm goat's cheese on a giant crouton, mixed leaves, beetroot & pine nuts.	£6.95
Mexican Bean Wrap Kidney beans, corn & white beans with cheese, salsa, guacamole & sour cream in a fresh tortilla wrap. Add fries for only £1.00	£4.25	All Day Breakfast Butty Warm soda bread farl filled with dry cured smoked bacon, mushrooms & a fried free-range egg. (Vegetarian option available) Add fries for only £1.00	£5.45
Chicken Caesar Salad Chicken breast, cos leaves, Caesar dressing & croutons. Available without Chicken for £5.45	£7.95		

WINTER WARMERS

Cod Loin, Spinach & Cheddar Pie Whole cod loin on a bed of wilted spinach in a cheddar cheese sauce, topped with mash potato, served with minted peas.	£8.95	Mixed Vegetable Tagine Mixed vegetables & cous cous with Moroccan spices. Also available with Chicken for £2.50	£7.25
Moules Mariniere With white wine, cream, garlic & parsley. Great with skinny chips or ciabatta! £1.00	£7.45	Confit Of Duck with Bacon & Onion Mash Confit of duck leg served on a bed of bacon & onion mash & braised red cabbage.	£10.95
Salt & Pepper Chilli Squid Lettuce leaves piled high with salt & pepper squid, served with chilli jam & crème fraiche.	£7.25	Cumberland Sausage & Sage Hot Pot Cumberland sausages in a sage gravy topped with cheddar mash served with greens.	£7.95
Tiger Prawn Curry Tiger Prawns in a curried coconut sauce served with Basmati Rice.	£9.95		

FROM THE GRILL

Lamb Burger With onion bhaji, chota naan bread, dressed leaves, tzatsiki & pickled chilli.	£7.95	Char-grilled Gammon & Free Range Eggs With skinny fries & salad leaves.	£7.95
Char-grilled Chicken With mushroom, tomato, rocket & fries. Add Dark Madeira & Peppercorn sauce for only £1.00	£7.75	Beefburger 8oz beef burger served on a malted bread bun with tomato, leaves, burger sauce, gherkin & skinny fries. Add Bacon & Cheddar Cheese for £1.50	£7.95
Vegetarian Burger Home made pattie with sweetcorn, kidney beans, cannellini beans, cheese, spring onion & chives in breadcrumbs & served with skinny fries.	£7.95	Char-grilled Rib-eye Steak Sandwich 6oz rib-eye steak in a soft ciabatta topped with caramelised red onions. Served with skinny fries & salad leaves.	£8.50

SHARE PLATES

Nuts & Olive Sharer Vegetable crisps, smoked mixed nuts, spicy sesame peanuts, green olives stuffed with feta.	£3.95	Crispy Confit of Duck Sharing Slate With Chinese pancakes, cucumber, spring onion, hoisin sauce & steamed edamame.	£10.95
Cheese & Caramelised Onion Flatbread Caramelised red onion & melted cheese on top of a clay oven flatbread, ideal as a starter for 2 to tear & share!	£4.95	Hot Sharing Slate Chicken satay skewers, onion bhajis, sweet potato bites, vegetable pakoras & samosas with mango chutney, yoghurt dip & flatbread.	£11.95
Greek Flat Bread Clay oven flat bread with rocket, olives, feta cheese & prosciutto ham. Ideal as a starter for 2 to tear & share!	£6.95	Tapas Sharing Slate Mixed olives, Spanish omelette with onion, tomato & garlic tostado, cheese croquettes & stuffed peppers with a tomato salsa.	£10.95

SIDES all at £2.95

- Rocket & Parmesan Salad**
- Seasoned Potato Wedges**
With curry sauce or sour cream & salsa.
- Skinny Chips**
With sweet chilli mayo.
- Crusty Ciabatta with Olive Oil & Balsamic**
- Big Bowl of Edamame Beans**

AFTERS all at £3.95

- Sticky Figgy Pudding**
Like a sticky toffee pudding but sweetened with figs served with vanilla ice cream.
- Banoffee Waffle**
A waffle topped with fried bananas, a kahlua butterscotch sauce & coconut ice cream, a new favourite!
- Baroosh Trifle**
Traditional trifle with mixed berries, sponge, strawberry jelly, custard, cream topped with hundreds & thousands.
- Hot Chocolate Brownie**
Warm chocolate brownie served with vanilla ice cream.
- Jaffa Orange Pudding**
Sponge pudding with delicious jaffa orange sauce served with vanilla ice cream.

PLEASE CHECK OUR DAILY SPECIALS

All items are subject to availability. All prices include V.A.T. Service is not included. Regrettably we cannot guarantee any items on our menu are free from nuts or our fish is free from bones. All our beef comes from the UK or Ireland.